



Walnut Grove Cultural Center

Striving for personal excellence in the service of others



“Be thankful, my children, and you will be faithful. And remember that serving others is one of the best ways to show gratitude.”

*Alvaro Del Portillo ~ Bishop Prelate of Opus Dei
Celebrating the centenary of his birth and beatification*



CALENDAR SUMMARY:

- **Lecture Series, The Ten Commandments:** 10:00 to 11:00 am
Theology Seminars, What Catholics Believe, 11:15 am – 12:15 pm.
Meets every 1st Saturday of the month: April 5; May 3; June 7; July–Aug–Sept: no class; Oct 4, Nov 1, Dec 6.
- **Evenings & Days of Recollection** for women at Walnut Grove **every 4th Mondays at 6:15 – 9:00 pm and 4th Tuesdays at 9:30 am – 12:30 pm.**
- **Women’s Retreat:** Oct 10–12, Nov 7–9 @ Holiday Inn, La Mirada
To reserve, email Naida: ramzen@aol.com
- **Stepping UP Mentoring Program for High School** Only 2 meetings left in 2014: April 26 (4th Sat), & May 17.
- **Living Essentials, two of the three-part seminar:**
– **A Bright and Peaceful Home,** on April 12, 2014, 10am–3:15pm
– **The Welcoming Home: Entertaining,** on November 8, 2014, 10am–3:15pm
Cost: \$25 per seminar. To register, download form www.walnutgrovecenter.org
- **Yard Sale on May 3 from 8:00 am to 2:00 pm.** Proceeds to benefit the maintenance needs of Walnut Grove. Come volunteer, support and shop.



Matrimonial Love
Family Enrichment Program 2014

On March 16, 2014, Family Enrichment concluded its six-month course on Matrimonial Love. The course covered the concepts of conjugal love, the matrimonial contract, matrimonial communication and balancing of professional work and family life. Moderators from across the country came to guide the case discussions. Congratulations to the 36 couples who formally graduated, having gained not only new skills but also new friendships through their course participation. The participating couples came from all over

the Southland, including San Bernardino, Orange and Ventura Counties.

With increasing interest in Family Enrichment, FE will offer a course on **Pre-Adolescence** this September and will be made available in both Los Angeles and Orange Counties. This course is geared toward *parents with children ages 10-13*. To learn more about the Family Enrichment program or to enroll in the upcoming courses, please visit the website: www.familyenrichmentla.com .Nora Urrea

Living Essentials, part 1

In February, Walnut Grove Cultural Center proudly presented **Living Essentials: The Well-Stocked and Well-Organized Kitchen**, the first in a series of three seminars. Nearly 40 women enjoyed the wisdom of three amazing speakers, who discussed ways to simplify tasks involved in caring for our families and homes.

Lauren Ellis gave an informative introductory talk to our *Living Essentials* series. She stated the value of the work of the home in caring for the beauty and dignity of the human person.

Isabel Escudero discussed the importance of having a well-stocked pantry, the organization of the kitchen space, and effective tools and equipment to be used in one’s kitchen. She shared many personal stories of her experiences in the kitchen, and she showed us some of her essential cooking utensils that she uses; some of her cooking tools were given to her at her bridal shower nearly 50 years ago!

Maca Martinez is an accomplished chef; she works in the food industry, does consulting work with restaurants, and writes a food blog. We were all so impressed with her culinary skills and expertise, as she shared insights about meal planning and nutrition while demonstrating a recipe using left-overs, and she prepared four quick meals that could be created with everyday items found in our well-stocked pantry and kitchen.

For lunch, we enjoyed the absolutely delicious meals that *Maca* demonstrated for us! It was such a treat to eat her Mexican lasagna, kale salad with barbecue dressing, black beans and peach yogurt gelatin for dessert. It was a perfect way to spend time talking with friends over a delightful lunch.

We left the workshop filled with many tips and insights of how to make our kitchens a place of order, creativity and filled with love! *Christina Corrales*

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OPUS DEI AROUND THE WORLD

Don Alvaro's Beatification

News and Updates

- * Visit this dedicated website on Don Alvaro's Beatification, www.alvaro14.org available in English and Spanish.
- * Beatification Mass on Saturday, September 27th
- * Thanksgiving Mass on Sunday, September 28th
- * Venue for the ceremony will be at Valdebebas, a new area of urban growth in northern Madrid, where the Real Madrid Football Club has its sports complex. This new urban development is complete as far as infrastructure and services are concerned. This area is north of Campo de las Naciones, home of the Madrid Expo complex and east of the residential area of Sanchinarro within the city districts of Hortaleza and Barajas.
- * The area chosen for the ceremony is a 12-lane wide avenue with no construction on either side. This area will provide more than sufficient space for the expected number of visitors. This area is close to Barajas Airport, with easy access to Motorway M-11 & M-40, the Madrid ring motorway.

2014 Annual Feast Day Mass
of St Josemaria Escriva

Mark your calendar

Saturday, **June 21**, 11:00 am
St. Basil Church
3611 Wilshire Blvd, Los Angeles, 90005
Celebrant: Archbishop Jose Gomez
Free parking on adjacent lot



Monday, **June 23**, 7:00 pm
Basilica of San Juan Capistrano
31522 Camino Capistrano
SJC, CA 92693
Celebrant: Bishop Kevin Vann of Orange



Stepping UP

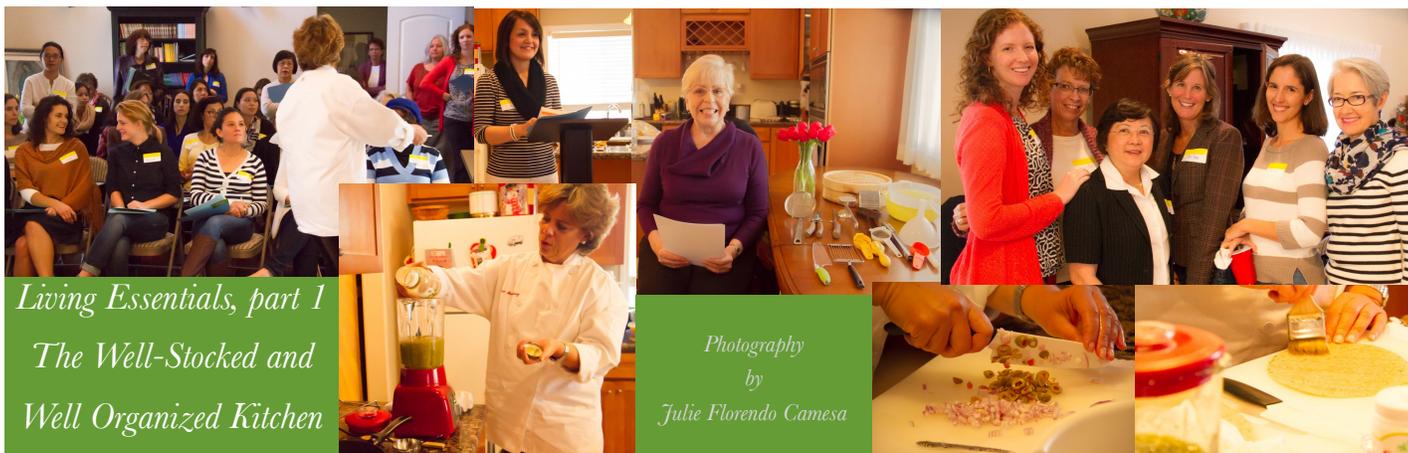
A leadership program for girls

Only two more sessions left for this school year: Saturday, April 26 and Saturday, May 17. Last March, the participants enjoyed a Fashion and Personal Style Session with Jocelyn Quarles (fashion blogger and stylist) who gave a workshop on the Art of Friendship, Etiquette and Elegance. For more information regarding next year's schedule and course curriculum, contact **Monica Mehan** at westfieldresidence@gmail.com

Yard Sale Fundraiser

Just in time for spring cleaning, we have scheduled our annual yard sale on Saturday, May 3, from 8am to 2 pm. Following is the schedule for DROP-OFF:

Monday, 4/28 from 5:15-5:45 pm before the Recollection; and Friday, 5/2 from 6-8 pm. Volunteers are needed for Friday evening of 5/2 to assist in sorting and pricing of items and Saturday 5/3 for a few hours of rotating schedule. Proceeds will benefit the Walnut Grove maintenance needs. THANKS in advance for your generous help and support. Call or email Lydia to volunteer and/or donate: kapolydia@hotmail.com



*Living Essentials, part 1
The Well-Stocked and
Well Organized Kitchen*

*Photography
by
Julie Florendo Camesa*