



# Walnut Grove Cultural Center

Striving for personal excellence in the service of others



“We need to fill up our souls with love of God, not leaving any space for discouragement, even when we feel the weight of many personal limitations.”

Blessed Alvaro Del Portillo, Bishop & Prelate of Opus Dei



## CALENDAR SUMMARY:

- Lecture Series**  
**Ten Commandments:**  
 10:00 to 12:00 pm  
**Theology Seminars–**  
**What Catholics Believe:**  
 12:30 am – 1:30 pm.  
 Meets every 1st Saturday  
 of the month:  
Nov 1, Dec 6.
- Evenings & Days of**  
**Recollection** for women  
 at Walnut Grove **every 4th**  
**Mondays at 6:15 – 9:00**  
**pm and 4th Tuesdays at**  
**9:30 am – 12:30 pm.**
- Women’s Retreats:**  
**Oct 24–26, Nov 7–9 @**  
 Holiday Inn, La Mirada.  
 To reserve, email Naida:  
[ramzen@aol.com](mailto:ramzen@aol.com)
- Living Essentials, a**  
**three-part seminar:**  
**Part three --The**  
**Welcoming Home:**  
**Entertaining, on**  
**November 8, 2014,**  
**10am–4:00 pm**  
**Cost: \$25 per seminar.**  
**To register, download**  
**form**  
[www.walnutgrovecenter.org](http://www.walnutgrovecenter.org)
- Stepping UP Mentoring**  
**Program** for High School  
 Girls 8th to 12th graders.  
 Meets every 3rd Sat from  
 1–3:30 at Walnut Grove.  
[steppingupatwg@gmail.com](mailto:steppingupatwg@gmail.com)
- Walnut Grove Christmas**  
**Party** will be held on  
 Saturday December 6th, 2:00  
 to 5:00 pm.

Dear Friends,  
 Happy Holidays!

According to our local retailers, it's already that time of year! Although it's a little early, perhaps the enormous Costco nativity scene has us thinking...Oh goodness... What am I going to do for Halloween?

Thanksgiving?! Christmas?! As we begin to turn our minds toward the entertaining season, let us ask ourselves: How am I planning on welcoming people into my home during the holidays? What makes a home welcoming? With the advent of Pinterest and Instagram, the temptation to equate hospitality with expensive professional

looking decor and fine cuisine is strong. But does spending too much time and money on food and decorations really make our guests feel welcomed? What is the essence of true hospitality?

We will answer all these questions and more at our next Living Essentials Seminar: *The Welcoming Home: Entertaining*, on November 8th at 10:00 A.M. Please join us as we discuss a range of topics from everyday entertaining to setting up for banquets and formal events, and find out the secret to happy hearts and hospitable homes. We hope to see you all there!

Warm regards, Lauren Ellis

**Living Essentials Part 3 is here!** Come join us at Walnut Grove Cultural Center on Saturday, November 8th from 10:00 am to 3:15 pm. Workshop topics include: How To Set-up For a Formal Dinner and Buffet, Hors d'oeuvres Preparation, Gracious Hosting: The What, When and How, Wine and Beverage Selection Tips.

## SteppingUP Mentoring Program

For this school year 2014-15, a total of 36 high school young ladies gathered for their first session of SteppingUP, a leadership and mentoring program held at Walnut Grove Cultural Center. It offers curriculum enhancement sessions to young women to help them discover meaning and purpose, aspire to their personal best and make positive contributions in each area of their lives.

The first session for 8th and 9th graders (Unit I) was a talk by Dr. Mary Cheffers about “Work as a Service to Society-- Make the Solution, An Approach to Problem Solving” Dr. Cheffers is a resident physician at LA County Medical Center in Los Angeles.

For Unit II (10 -12th ) the speaker was Rosario Equihua. The topic she discussed was about "The Different Learning Styles". Rosario has been an elementary teacher for LAUSD for 14 years. She holds a Bachelor's Degree in Liberal Arts and a Master Degree in Guidance Counseling from Cal State Dominguez Hills.

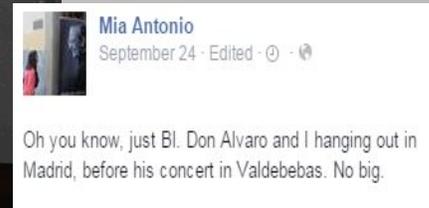
The next session on November 15 is highly anticipated by all the participants, mentors and the program director. For information contact, Monica Mehan, [steppingupatwg@gmail.com](mailto:steppingupatwg@gmail.com)

## Attention Amazon Shoppers!

Please support Walnut Grove Cultural Center when you do your Amazon purchases by shopping at [smile.amazon.com](http://smile.amazon.com). AmazonSmile is the same Amazon you know, same products, same prices, same service but the great thing is Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice, and that charitable organization is yours truly, Walnut Grove Cultural Center!"



OPUS DEI AROUND THE WORLD



Madrid, Spain September 27, 2014 Beatification of Alvaro Del Portillo

Of the thousands and thousands of beautiful photos commemorating our dear Father Don Alvaro del Portillo's beatification, this photo posted on FB best depicts that holy and blessed event. Our dear Blessed Alvaro spoke to and loved one and all, young and old, near and far. Amusingly, we were told by some local Madrileños who were not aware of the event to take place but noticed the extensive preparations being arranged, that a big rock concert was going to take place and how fittingly so because Blessed Alvaro del Portillo, faithful collaborator of St Josemaria Escriva, founder of Opus Dei, was lovingly called by the latter, his Saxum, his rock. Truly, Blessed Alvaro, you rock! ~Submitted by Carmen Antonio~



G  
R  
A  
N  
D  
M  
O  
T  
H  
E  
R  
'  
S  
T  
E  
A

On a lovely October afternoon, Walnut Grove Cultural Center (WGCC) hosted its 3rd Annual Grandmother's Day Tea Party! In attendance were grandmothers, mothers, and young girls who gathered to celebrate the value and wisdom that grandmothers provide to their families and society.

Fr. John Meyer, Chaplain, gave a thought provoking and meaningful meditation. Lauren Ellis, President of WGCC gave a talk about the beauty and significant role that grandmothers play in their grandchildren's lives.

We all delighted in the beauty of the elegant and refined atmosphere of lovely flowers, silver platters and tiers of delicious tea sandwiches, scones, and treats served with tea! There seemed to be a mood of great excitement from all the generations of ladies and young girls present.

Several girls from our Girls Clubs and summer camps entertained us with cheerful songs learned from camp, and we were all treated to hear a lovely cello solo by Clare Choi. Some of the girls shared their personal testimony about some of the positive virtues that their grandmothers exemplify.

Julie Florendo Camesa volunteered her time and talent to run our fun photo booth. The generations of ladies loved taking their pictures wearing an assortment of hats and accessories, which brought out their lovely smiles and filled the atmosphere with great laughter and joy!

We concluded our afternoon with a raffle that included several, beautiful gift baskets filled with goodies. There was great excitement as the ladies won their raffle prizes knowing their contributions support the endeavors at Walnut Grove. A heartfelt thank you to everyone's hard work, dedication and support of this special event to celebrate grandmothers and support Walnut Grove!  
~Christina Corrales